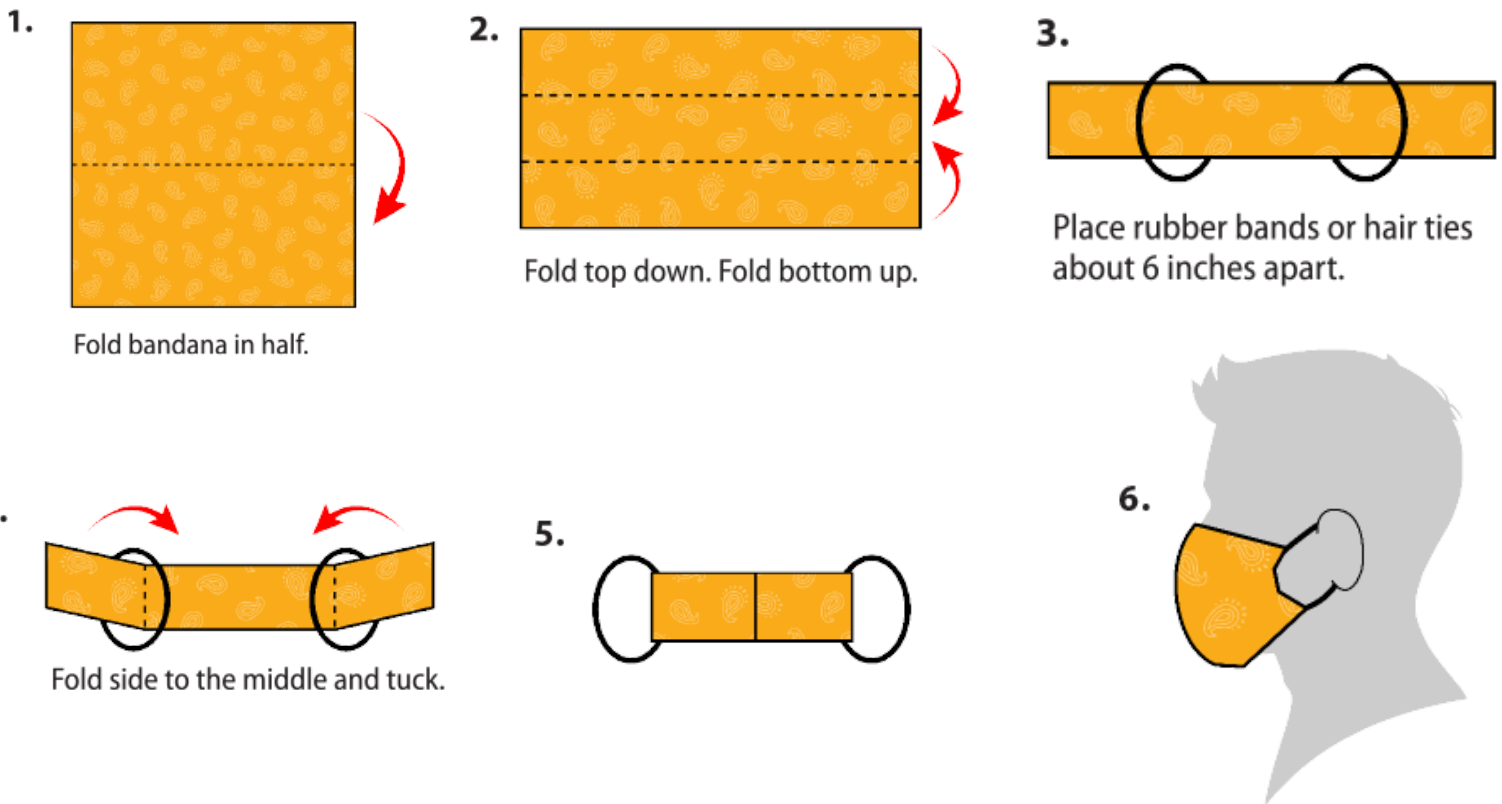


# How to make your own no-sew mask

## What you will need:

- Bandana, old t-shirt, or square cotton cloth (cut approximately 20"x20")
- Rubber bands (or hair ties)
- Scissors (if you are cutting your own cloth)

## Directions:



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More information can be found at the [CDC website](https://www.cdc.gov)